

DAILY REFERENCE GUIDE



THANK YOU FOR PURCHASING AN ARISTON PRODUCT

To receive more comprehensive help and support, please register your product at www.aristonchannel.com

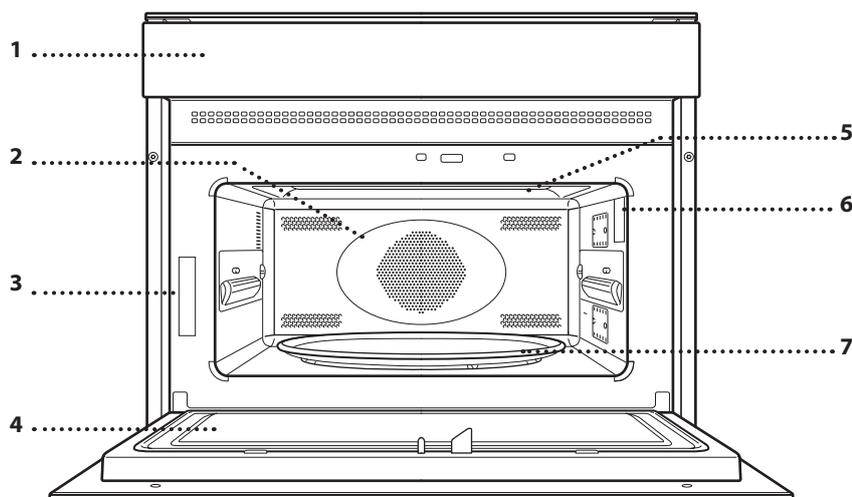


You can download the Safety Instructions and the Use and Care Guide by visiting our website www.aristonchannel.com and following the instructions on the back of this booklet.



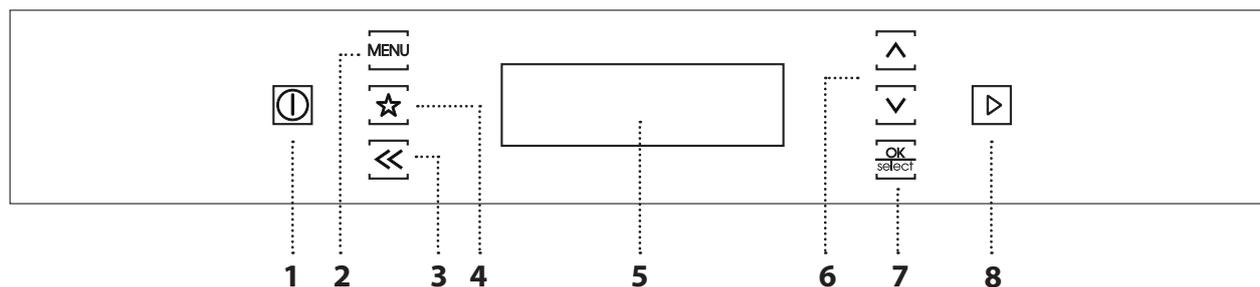
Before using the appliance carefully read the Health and Safety guide.

PRODUCT DESCRIPTION



1. Control panel
2. Circular heating element (non-visible)
3. Identification plate (do not remove)
4. Door
5. Upper heating element/grill
6. Light
7. Turntable

CONTROL PANEL



1. ON/OFF

For switching the oven on and off and for stopping an active function.

2. MENU

For accessing the list of functions.

3. BACK

For returning to the previous menu.

4. FAVOURITES

For accessing the list of most used functions.

5. DISPLAY

6. NAVIGATION BUTTONS

For scrolling through the list of functions, moving the cursor, and changing the settings for a function.

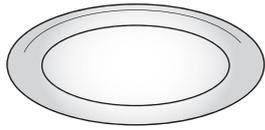
7. CONFIRMATION BUTTON

For confirming a function selection or a set value.

8. START

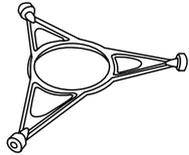
For immediately starting a function. When the oven is switched off, it activates the "Jet Start" microwave function.

TURNTABLE



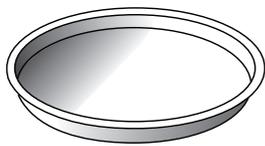
Placed on its support, the glass turntable can be used with all cooking methods. The turntable must always be used as a base for other containers or accessories, with the exception of the rectangular baking plate.

TURNTABLE SUPPORT



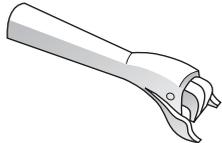
Only use the support for the glass turntable. Do not rest other accessories on the support.

CRISP PLATE



Only for use with the specific "Dynamic Crisp" function. The Crisp plate must always be placed in the centre of the glass turntable and can be pre-heated when empty, using the special function for this purpose only. Place the food directly on the Crisp plate.

HANDLE FOR THE CRISP PLATE



Useful for removing the hot Crisp plate from the oven.

RECTANGULAR BAKING PLATE



Only use the baking plate with functions that allow for convection cooking; it must never be used in combination with microwaves. Insert the plate horizontally, resting it on the rack in the cooking compartment.

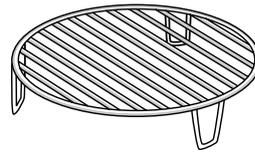
Please note: You do not need to remove the turntable and its support when using the rectangular baking plate.

Please note: The number of accessories may vary depending on which model is purchased. Other accessories can be purchased separately from the After-sales Service.

There are a number of accessories available on the market. Before you buy, ensure they are suitable for microwave use and resistant to oven temperatures.

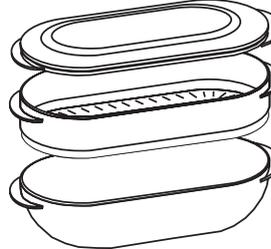
Metallic containers for food or drink should never be used during microwave cooking.

LOW WIRE SHELF



This allows you to place food closer to the grill, for perfectly browning your dish and for optimal hot air circulation. Place the wire shelf on the turntable, making sure that it does not come into contact with other surfaces.

STEAMER

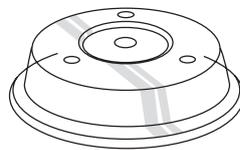


To steam foods such as fish or vegetables, place these in the basket (2) and pour drinking water (100 ml) into the bottom of the steamer (3) to achieve the right amount of steam.

To boil foods such as pasta, rice or potatoes, place these directly on the bottom of the steamer (the basket is not required) and add an appropriate amount of drinking water for the amount you are cooking.

For best results, cover the steamer with the cover (1) provided. Always place the steamer on the glass turntable and only use it with the appropriate cooking functions, or with microwave functions.

COVER



Useful for covering food while it is cooking or heating in the microwave.

The cover reduces splashes, keeps foods moist and can also be used to create two cooking levels.

It is not suitable for use in convection cooking or with any of the grill functions (including "Dynamic Crisp").

FUNCTIONS



Download the Use and Care Guide from
www.aristonchannel.com for more information



MANUAL

MICROWAVE

For quickly cooking and reheating food or drinks.

POWER	SUGGESTED USE
900 W	Rapid heating of drinks or other foods with a high water content
750 W	Cooking vegetables
650 W	Cooking meat and fish
500 W	Cooking meat sauces, or sauces containing cheese or egg. Finishing off meat pies or pasta bakes
350 W	Slow, gently cooking. Perfect for melting butter or chocolate
160 W	Defrosting frozen foods or softening butter and cheese
90 W	Softening ice cream

Recommended accessories: **Cover**

DYNAMIC CRISP

For perfectly browning a dish, both on the top and bottom of the food. This function must only be used with the special Crisp plate.

Required accessories: Crisp plate, handle for the Crisp plate

GRILL

For browning, grilling and gratins. We recommend turning the food during cooking. For best results, preheat the grill for 3-5 minutes.

Recommended accessories: wire shelf

GRILL + MICROWAVE

For quickly cooking and gratinating dishes, combining the microwave and grill functions.

Recommended accessories: wire shelf

TURBO GRILL

For perfect results, combining the grill and convection functions. We recommend turning the food during cooking.

Recommended accessories: wire shelf

TURBO GRILL + MICROWAVE

For quickly cooking and browning your food, combining the microwave, grill and convection oven functions.

Recommended accessories: wire shelf



FORCED AIR

For cooking dishes in a way that achieves similar results to using a conventional oven. The baking plate or other cookware that is suitable for oven use can be used to cook certain foods.

Recommended accessories: Rectangular baking plate/wire shelf



FORCED AIR + MICROWAVE

To prepare oven dishes in a short time.

Recommended accessories: wire shelf



QUICK HEAT

For quickly reheating the oven before a cooking cycle. Wait for the function to finish before placing food inside the oven.



SENSOR

The sensor functions adapt continuously during cooking, allowing you to achieve brilliant results. The total time does not include preparation or preheating phases.

DYNAMIC REHEAT

For reheating ready-made food that is either frozen or at room temperature.

The oven automatically calculates the values necessary to achieve the best results possible, in the shortest time. Place food onto a microwave safe and heatproof dinner plate or dish.



DYNAMIC CRISP

For quickly reheating and cooking frozen foods, for a golden, crunchy top. Only use this function with the Crisp plate provided.

Required accessories: Crisp plate, handle for the Crisp plate



DYNAMIC STEAM

For steam-cooking foods such as vegetables or fish, using the steamer provided.

The preparation phase automatically generates steam, bringing the water poured into the bottom of the steamer to the boil. Timings for this phase may vary. The oven then proceeds with steam-cooking the food, according to the time set.

Some indicative cooking times are as follows:

- fresh vegetables (250-500 g): 4-6 minutes;
- frozen vegetables (250-500 g): 5-7 minutes;
- fish fillets (250-500 g): 4-6 minutes.

Required accessories: Steamer



KEEP WARM

For keeping just-cooked food hot and crisp, including meat, fried foods or cakes.

AUTO AUTOMATIC

With the automatic functions, simply select the weight or quantity of food to achieve the best possible results.



DYNAMIC DEFROST

For quickly defrosting meat, poultry, fish, vegetables and bread weighing between 100 g and 3 kg.

Food should be placed directly onto the glass turntable.



CRISPY BREAD DEFROST

For quickly defrosting and reheating rolls, croissants and baguettes. The oven automatically calculates the values necessary to achieve the best results possible (time, power and cooking method).

Required accessories: Crisp plate, handle for the Crisp plate



RECIPES

AUTO This allows you to choose from a range of automatic recipes with pre-set values for optimal cooking. For best results, follow the instructions provided on the display.

Please note: For more information, recipes and helpful advice on using this function, read and download the Use and Care Guide at www.aristonchannel.com



SETTINGS

For changing the oven settings (language, time, audible signal volume, brightness, Eco mode).

Please note: When Eco mode is active, the brightness of the display will be reduced after a few seconds to save energy. The display is reactivated automatically whenever any of the buttons are pressed, etc.

USING THE APPLIANCE FOR THE FIRST TIME

1. PLEASE SELECT LANGUAGE

You will need to set the language and the time when you switch on the appliance for the first time. The display will show you a list of available languages.



Use **▲** or **▼** to select the language you require and press **OK select** to confirm.

Please note: The language can also be changed later from the "Settings" menu item.

2. SET THE TIME

After selecting the language, you will need to set the current time: 12:00 will flash on the display.

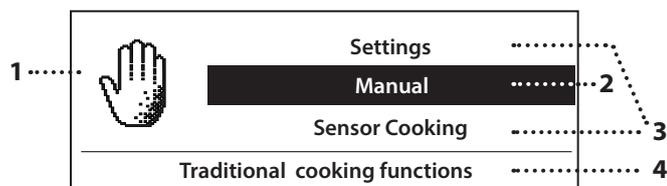


Use **▲** or **▼** to set the time and press **OK select** to confirm.

Please note: You may need to set the time again following lengthy power outages.

DAILY USE

1. SELECT A FUNCTION



1. Symbol for the function selected
2. Function selected
3. Other available functions
4. Description of the function selected

SWITCH ON THE OVEN

Press **ⓘ**: The display will show the main menu.

NAVIGATE THE MENU

Press **▲** or **▼** to navigate through the main menu and highlight the item you would like to select.

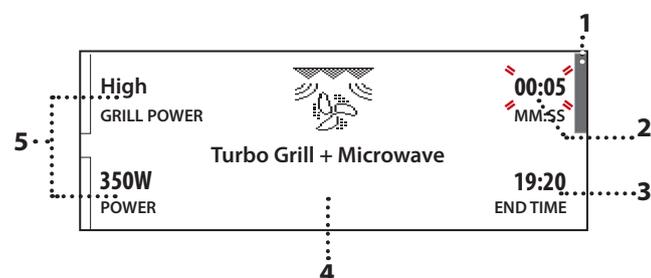
SELECT AN ITEM FROM THE MENU

Once the item you would like to select is highlighted on the display, press **OK select** to confirm the selection and go to the settings menu (see below) or to the list of functions.

SELECT A FUNCTION

Press **▲** or **▼** to navigate through the list given. Press **OK select** to confirm and go to the settings menu.

2. SETTING AND ACTIVATING THE FUNCTION



1. Selector cursor
(highlights the setting selected)
2. Duration
3. Time at which the function will finish
4. Name of the function
5. Settings for the function
(power, temperature, grill level, weight or quantity, desired degree of cooking, etc.)

APPLY SETTINGS

Initially, it is possible to set the values of the chosen function based on the sequence given on the display. When the value is flashing, use **▲** or **▼** to set the value and press **OK select** to confirm.

If necessary, use **▲** or **▼** to move the cursor next to the value that you want to change, and press **OK select**. The value will flash.

Use **▲** or **▼** to change the value and press **OK select** to confirm.

ACTIVATE THE FUNCTION

Once the settings displayed are those that you require, press **▶** to activate the function.

Please note: Where possible, some values can even be changed during cooking.

. SAFETY LOCK

This function is automatically activated to prevent the oven from being switched on accidentally.



Open and close the door, and then press **▶** to start the function selected.

. PAUSE

To pause an active function, for example to stir or turn the food, simply open the door.

To start it up again, close the door and press **▶**.

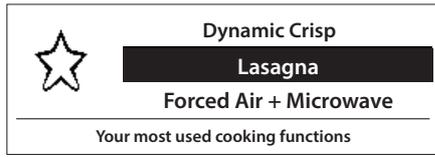
. JET START

When the oven is switched off, press **▶** to activate cooking with the microwave function set at full power (900 W) for 30 seconds.

Every time the **▶** button is pressed again, the cooking time will be increased by a further 30 seconds.

. FAVOURITES

The oven will automatically compile a list of the functions that you use the most. Press the  button to switch on the oven, then press  to display the list of functions you use most frequently.

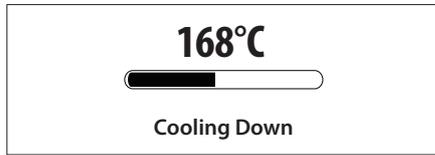


Use  or  to select the function you require, press  to confirm and then modify – if necessary – the settings according to your needs (those suggested are basic settings).

Once finished, press  to activate the function.

. RESIDUAL HEAT

In many cases, when food has been cooked, the oven will activate an automatic cooling process, which will be indicated on the display.



To view the clock during this process, press .

Please note: Opening the door temporarily interrupts the process.

. TIMER

When the oven is switched off, the display can be used as a timer. To activate the function, press . The timer will appear on the display.



Press  or  to set the length of time you require and then press  to activate the timer. An audible signal will sound once the timer has finished counting down the selected time.

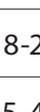
Please note: The timer does not activate any of the cooking cycles.

To stop the timer at any time, press .

. KEY LOCK

To lock the keypad, press and hold  and  at the same time for at least five seconds. Do this again to unlock the keypad.

COOKING TABLE

FOOD	FUNCTION	PREHEAT	TEMP. (°C)/ GRILL LEVEL	POWER (W)	DURATION	ACCESSORIES
Sponge cakes		-	160-180	-	30-60	 
		-	160-180	90	25-50	 
Filled pies (cheesecake, strudel, apple tart)		Yes	160-190	-	35-70	 
Cookies		Yes	170-180	-	10-20	
Meringues		Yes	100-120	-	40-50	
Rolls		Yes	210-220	-	10-12	
Bread Loaf		Yes	180-200	-	30-35	
Pizza/Pie		Yes	190-220	-	20-40	
Pizza (0.4-0.5 kg)		-	-	-	14-16	
Savoury pies (vegetable pie, quiche Lorraine)		Yes	180-190	-	40-55	 
Quiche Lorraine (1-1.2 kg)		-	-	-	18-20	
Lasagna/baked pasta			Medium	350-500	15-40	 

FOOD	FUNCTION	PREHEAT	TEMP. (°C)/ GRILL LEVEL	POWER (W)	DURATION	ACCESSORIES
Roast lamb/Veal/ Roast beef (1.3-1.5 kg)		-	170-180	-	70-80*	 
		-	160-180	160	50-70*	 
Roast beef – medium (1.3-1.5 kg)		-	170-180	-	40-60*	 
Roast Chicken/ Rabbit/Duck (whole 1-1.2 kg)		-	210-220	-	50-70*	 
		-	210-220	350	45-60*	 
Chicken / Rabbit/ Duck (fillets/pieces)		-	Medium - High	350-500	20-40*	 
Chicken Pieces (0.4-1 kg)		-	-	-	12-18	
Baked Whole Fish (whole)		-	High	160-350	20-40	 
Fish fillets/slices		Yes	High	-	15-30*	 
Stuffed vegetables (tomatoes, zucchinis, eggplants)		-	Medium	500-650	25-50	 
Toast		-	High	-	3-6	
Sausages/Kebabs/ Spare ribs/Hamburgers		-	Medium - High	-	20-40*	
Sausages/Burgers (0.2-1 kg)		Yes**	-	-	6-16	
Baked Potatoes		-	Medium	350-500	20-40*	 
Potato Wedges (0.3-0.8 kg)		-	-	-	10-20	
Baked fruit		-	Medium	160-350	15-25	 
Vegetable gratin		-	High - medium	-	15-25	 
Fried vegetables (0.3-0.8 kg)		Yes**	-	-	8-18	

* Turn the food halfway through cooking

** Preheat the Crisp plate for 3-5 minutes

 [www](http://www.aristonchannel.com) For more information, recipes and helpful advice on using the automatic functions, read and download the Use and Care Guide at www.aristonchannel.com

 [www](http://www.aristonchannel.com) Download the Use and Care Guide from www.aristonchannel.com for the table of tested recipes, compiled for the certification authorities in accordance with the standards IEC 60705 and IEC 60350.

FUNCTIONS	Crisp	Grill	Grill + Microwave	Turbo Grill	Forced Air	Forced Air + Microwave
						
ACCESSORIES	Heatproof plate/container suitable for use in microwaves 	Low wire shelf 		Crisp plate 	Rectangular baking plate 	

